

Physiotherapy at Korumburra Medical Centre

Step Towards Better Health: Physiotherapy in Korumburra

Expert, compassionate care to help you move freely and live fully.

Meet Our Expert Physiotherapist: Lakshmi Jayalath

(Placeholder for Lakshmi Jayalath's Photo)

Lakshmi is an experienced physiotherapist with over 8 years of international expertise. Passionate about musculoskeletal, neurological and geriatric conditions, she offers holistic, evidence-based care including manual therapy and exercise, supporting your recovery and rehabilitation.

Holds a Master's from La Trobe University (Australia) and a Bachelor's from the University of Colombo (Sri Lanka).

Our Comprehensive Physiotherapy Services

- **Musculoskeletal Conditions:** Targeted treatment for back pain, neck pain, joint sprains, muscle strains and sports injuries to restore movement and reduce pain.
 - **Neurological Rehabilitation:** Specialised programs for conditions like stroke, Parkinson's disease and multiple sclerosis, focusing on improving mobility and function.
 - **Geriatric Physiotherapy:** Dedicated care for older adults, addressing balance issues, fall prevention, mobility enhancement and maintaining independence.
 - **Post-Operative Rehabilitation:** Customised recovery plans following surgery to regain strength, flexibility and return to daily activities safely.
 - **Manual Therapy & Soft Tissue Manipulation:** Hands-on techniques to alleviate pain, reduce stiffness and improve joint and muscle function.
 - **Exercise Prescription:** Personalised exercise programs designed to strengthen, stretch and improve your overall physical performance and prevent re-injury.
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Why Choose Atticus Health Korumburra for Physiotherapy?

- **Holistic Approach:** Lakshmi's holistic patient management focuses on your entire wellbeing, not just your symptoms.
 - **Evidence-Based Treatment:** Receive care grounded in the latest research and best practices for effective and lasting results.
 - **Integrated Care:** Our physio works closely with your GP for truly coordinated and comprehensive health management.
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Ready to Regain Your Movement and Comfort?

Book your physiotherapy appointment with Lakshmi today at Korumburra Medical Centre.

Book Online Now Call Us: [Your Clinic Phone Number]

Korumburra Medical Centre: [Your Clinic Address]